

Region V Behavioral Health Services

Region V Behavioral Health Resource Phone Numbers

24-HOUR Crisis LINES

Blue Valley Crisis Line (Rural Only)	1-877-409-6600
Boys Town Hotline (National).....	1-800-448-3000
CenterPointe Crisis Response.....	402-475-6695
Child/Adult/Elder Abuse.....	1-800-652-1999
NE Family HELPLINE	1-888-866-8660
Voices of Hope	402-475-7273
Suicide Prevention Lifeline.....	1-800-273-TALK (8255)
Crisis Text Line.....	Text START to 741-741

24-Hour WARM Line/Hospital Diversion House

Keya House.....	402-261-5959
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DETOXIFICATION SERVICES

The Bridge Behavioral Health.....	402-477-3951
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YOUTH AND FAMILY EDUCATION ADVOCACY

Cedars Youth Services.....	402-436-5437
Child Advocacy Center.....	402-476-3200
Families Inspiring Families.....	402-441-4369
League of Human Dignity	402-441-7871
Lighthouse	402-475-3220
Mental Health Association of Nebraska	402-441-4371
The HUB	402-471-8526

MENTAL HEALTH AND/OR SUBSTANCE ABUSE TREATMENT

Associates in Counseling & Treatment (ACT).....	402-261-6667
Blue Valley Behavioral Health (Lincoln).....	402-261-4017
Blue Valley Behavioral Health (Rural Only)	bvbh.net
CenterPointe, Inc.....	402-475-5161
HopeSpoke	402-475-7666
Lincoln Medical Education Partnership.....	402-483-4581
Lutheran Family Services.....	402-441-7940
Mental Health Association of Nebraska.....	402-441-4371
OUR Homes.....	402-474-2121
PIER.....	402-435-4044
St. Monica's.....	402-441-3768
TASC.....	402-474-0419
The Bridge Behavioral Health.....	402-477-3951
Touchstone.....	402-474-4343

OTHER USEFUL NUMBERS

Local Outreach to Suicide Survivors Team	402-440-1633
Region V Systems (Behavioral Health)	402-441-4343
Region V Systems (Family & Youth Investment – Kids) ..	402-441-4343

Psychiatric Hospitals

Bryan Medical Center.....	1-402-481-1111
Mary Lanning (Hastings).....	1-402-463-5973
Richard Young (Kearney)	1-308-865-2000